Dr. Karsten Hesse WSA DCO Rathausstr. 16 D35460 Staufenberg +49 6406 90246 hesse.staufenberg@freenet.de

Changes/Additions of the WSA/IFSS-Antidoping-Rules version 1.0 (January 2010). Adopted by the General assembly of WSA (Zuberec September 2011)

Preface

The actual WSA - Anti - Doping Rules is the version 1.0, published in January 2010. They are according to the IFSS Anti - Doping - Rules.

These rules are based, in whole paragraphs literaly, on the WADA - rules made for human athlets. In this context, there are many rules, which can not be adopted to sleddog athlets, they had been changed.

A complete and practical revision still requires the cooperation of our affiliated associations. After completion of this work a completely new version will be placed on the Internet.

Until then the existing version applies to the following changes.

It should be noted that food additives may contain substances that are relevant to doping. For example, chocolate contains caffeine (doping), but it is also toxic for the dog (theobromine).

The following additions to WSA / IFSS Anti-Doping-Rules 1.0 are valid:

Ad 2.1.0

All internal and external medications and substances, which had been given to a racing sleddog later than 4 weeks prior the race, had to be requested by the WSA-medication requestform.

- 2.1 .3 -> "List of prohibited substances and prohibited methods for dogs, January 1st 2010"
- 1. Substances and methods prohibited at all times (In- and out-of-competition)
- A. The following groups of substances are prohibited at all times
- Anabolic steroids and anabolic agents
- Hormones and related substances and their releasing factors

 delete (including thyroid hormones and related substances, for ex. thyroxin)

New dot:

Thyroid gland, hypofunction.

Hypothyreosis is an underfunction of the thyroid gland.

Although the onset of clinical signs is variable, hypothyroidism most commonly develops in middle-aged dogs between the ages of 4 to 10 years. The disorder usually affects mid to large size breeds of dogs, and is rare in toy and miniature breeds of dogs. The Nordic Breed dogs are not known to have a genetic predisposition to develope a hypofunction of the thyroid gland, but this disease may occur and the dog must be substituted with levothyroxin to become healthy functions of his organism. On the other hand this disease is often "overdiagnosed", pretty often by the musher on its own without the help of a Veterinarian.

In order to be not a doping case, the musher must send the following documents to the WSA-DCO:

- 1. <u>WSA-medication requestform, with the diagnosis, adress and sign of the treating Veterinarian</u>
- 2. If the hypothyreosis is diagnosed not longer than 1 year ago: Result sheet by the examining laboratory, name and Chipnr. of the dog. At least the following parameters: T4, cTSH, blood lipids, AP.
- 3. If the dogs are taking substitution-drugs for longer than one year, a control of the T4-level, 8 hours after taking the T4 substitution. The result sheet of the examing laboratory as described under dot 2. will be needed. This control examination should not be older than 3 month.

After

2. Substances and methods prohibited in-competition

Ad: "Corticosteroids, except eyedrops for outward application. The administration has to be declared **before** the competition to the WSA - DCO. The medication has to be **prescripted** by the Race Veterianarian."

- 3.2.1 Delete WSA, fill in WADA accredited laboratories with professional comptance for analytic of animal probes. (WSA is not able to accredit any laboratories professional)
- 3.2.2 -3.2.4, Delete complete (not practicable for WSA)

set

- 3.2.1 The doping analysis of a WADA-accredited laboratory are accepted by the WSA and the athletes irrevocably
- 4.1 Incorporation of the prohibited list

Change in footnote 17 the domaine: delete <u>www.sleddogsports.com</u>, set <u>www.wsa-sleddog.com</u>

- 4.2.1 delete wsa-anti doping / veterinary comitee and set "WSA-board".
- 4.4 ad 4.4.1 The therapeutic use of drugs is listed in the prohibited list.
- 5.7.1.1 Delete complete, set:
- The following dogs may be tested at an international event: During the event 10 probes will be taken out of the group of the medal-winners.
 If there is a justified suspicion, the WSA DCO has the rights to take more probes.
- 6.1 delete WSA labs, set WADA labs.
- 7.1.1 Delete "ADAMS"-system, set "confidential"
- 10.8 New header set : "Death of a dog during the heat"
- 10.8.1 Delete complete, set: "In the event of a dog's death during a heat participating an international or national event, the WSA, or its National Federation, will immediately request anecropsy to be performed on the dog and an examination carried out, including the collection of blood and urine samples for anasyssis as per article 6 of these rules, in order to determine the cause of death and whether an Antidoping rule violation occurred. The cost of this examination will be divided in three parts for the time beeing. One third WSA, one third petowner and the last third the National Federation. In case of violation of the WSA-anti doping rules article 12 regulates the reimbursement of WSA.